

Boynton Forum

Wednesday, September 23, 2015

Vol. 50

No. 37

WWW.SUNSENTINEL.COM/BOYNTONBEACH

SUBSTATION FOR MLK BLVD.

CITY OFFERS DOG TRAINING

GHOST TOURS IN YESTERYEAR

GRANDPARENTS DAY



FUN FOR ALL The Boynton Beach Senior Center hosts a Grandparents Day celebration where seniors interact with children from local schools by helping them to make crafts and engaging them in conversations. From left, Reema Saad, 4, and Roman Emerson, 4, show Marie Giuffre, of Boynton Beach, the crafts they painted. STAFF PHOTO/MARTA MIKULAN MARTIN

■ SEE PHOTOS ON PAGE 12

Water art coming to city

JAN ENGOREN JENGOREN@TRIBUNE.COM

As a complement to a \$30 million upgrade to the city's East Plant Ion Exchange water treatment facility is the installation of a public art project, "Water, You and I,' through the city's Art in Public Places program.

The winning concept submitted by the Iowa team of David Dahlquist and Matt Niebuhr was selected by an independent panel and approved by the Boynton Beach Arts Commission.

"The 'Water, You and I' project will be a welcome addition to the public art program," said Debby Coles-Dobay, the city's public arts manager. "The project's sculptural elements will be fun, educational and interactive, engaging the community to learn about the value of their drinking water."

In addition to the sculpture, upgrades to the facility include a state-of-the art MIEX pretreatment system for odor removal, reductions in chemical costs and the ability to process 24 million gallons per day.

The sculpture, which will be installed in Harmening Park, on the corner of Seacrest Boulevard and Woolbright Road, allows visitors to experience the drawing of water from the well, and make a visual connection to the Florida Aquifer — the source of water in Boynton Beach.

Two major elements will communicate the relationship of how water is delivered to our taps.

One element will consist of a glass tile wall representing the sky, landscape, aquifer and water.

The second element consists of a gathering place called the "Water Pavilion," in which a water haiku will be laser cut into an opening in the sculpture, allowing water and light to pass through.

According to Dahlquist, the two studied

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Boynton Rotary Club celebrates 75 years

JAN ENGOREN JENGOREN@TRIBUNE.COM

The Boynton Beach/ Lantana Rotary Club celebrates its 75th anniversary this year, having been part of the Rotary International Service Organization for the past quarter century.

Founded in 1905, the international service organization has boasted esteemed members such as James Cash Penney, founder of JC Penney Co.; astronaut Frank Borman; and current U.S. Sen. Dianne Feinstein.

"We want people to know we're here and what we're doing," said member Louise Nelson, a vice president of lending at Floridian Community Bank in Delray Beach. "Our philosophy is 'service before self.' "

"I researched a lot of organizations before I joined the Rotary Club, and saw that there were people here doing good in the community. If I invest my time, I want to see an impact and see results," she said. "We're looking for new members, especially women, and corporate sponsors to help us with our community service projects."

The club's first meeting on March 1, 1940 took place at the historic Woman's Club building with signature members Ed Cameron and Roland Owen, who owned the Lee Manor Inn at 11120 S. Federal Highway.

Other charter members include Oscar Winchester, who owned the Flatwoods Pineapple Plantation; Howard Hood; Gene Merkel; and M.A. Weaver, whose descendants still live in Boynton Beach.

Current members include Boynton Beach dentist Joe Condon; President Steve Weissman, a manager in the Palm Beach County Property Appraiser's office; former Rolling Green Elementary School Principal Gay Voss; and area Governor Debbie Donnelly-McLay.

Some of their main initiatives include donating school supplies to the Milagro Center in Delray Beach; a school supply drive for The Women's Circle; delivering dictionaries to third-graders; raising money for the soup kitchen in Boynton Beach; teaching safe swimming and water safety with Blake Collingsworth's book "Josh the Otter"; and awarding seven high school students with \$1,000 college scholarships.

Weissman, a member for three years, said,

continues on 4





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2015

BURGLARY TO AUTO (DELAYED)

3500 block of South Federal Highway Sept. 15, 10:30 a.m. A white 2007 Honda Civic was burglarized.

RETAIL THEFT

600 block of North Congress Avenue
Sept. 15, 1:30 p.m.
The suspect stole a
40-inch Vizio television
from a retail location and
exited through the fire
doors.

SUSPICIOUS INCIDENT (SHOTS FIRED)

100 block of Southeast 30th Avenue

Sept. 15, 7:32 p.m. Anonymous person reported hearing three or four shots fired in the area, but no evidence was located.

LEAVING SCENE OF ACCIDENT/ INJURIES

Lawrence and Hypoluxo Roads Sept. 15, 8:03 p.m.

A suspect was arrested after he struck two vehicles, causing one to rollover. DUI charges are pending toxicology. Injuries to occupants of other vehicles were moderate.

NARCOTICS ARREST

2000 block of North Federal Highway Sept. 15, 8:50 p.m. After stopping to offer assistance, officer observed a crack pipe in plain view. Further investigation revealed a small amount of heroin and crack cocaine.

POSSESSION CONTRABAND

1000 block of North Seacrest Boulevard Sept. 11, 5:45 p.m. A suspect was arrested subsequent to a traffic stop. Dilaudid and marijuana were seized.

BURGLARY RESIDENTIAL/ FORCED

Maple Lane Sept. 11, 11 a.m. Units responded in reference to an alarm. The rear sliding door to the home was open but nothing was taken.

POSSESSION OF HEROIN/ARREST Gulfstream/Federal

CRIME STOPPERS OF PALM BEACH COUNTY



Wanted as of: Sept. 17 Name: James Greggs Date of birth: Dec. 27, 1960

Description: 6-2, 250 pounds, brown hair, hazel eyes **Identifying marks:** Tattoos on both arms

Last-known address: Royal Manor Boulevard, Boynton Beach

Occupation: Construction Felony: Battery

To leave an anonymous tip: 800-458-TIPS (8477),

crimestopperspbc.com

Highway

Sept. 11, 6:04 p.m.
Officer conducted a traffic stop as it appeared the driver was falling asleep and found the driver to be in possession of heroin.

STOLEN AUTO

Northeast Fourth Street Sept. 11, 1:16 p.m.

Unknown suspect took a vehicle, a wallet and cell phone.

Northeast 26th Avenue Sept. 11, 1:25 p.m. Victim parked a 1995 brown Chevy Astro Van in front of relative's home and returned to find that unknown suspect(s) took the vehicle and its contents.

CRIMINAL MISCHIEF - ARREST 100 block of Southeast

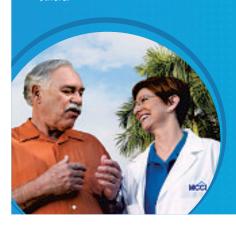
Fifth Avenue
Sept. 11, 1:16 p.m.
A suspect was arrested and transported to jail after a thorough investigation revealed he smashed the front door window.

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West Palm Beach/Congress

1590 S Congress Avenue West Palm Beach, Florida 33406 **BOYNTON BEACH FORUM**

City moves forward with building demolition

The decision to demolish a Boynton Beach landmark is moving along, despite one commissioner's concerns.

The city's redevelopment agency selected a demolition company to tear down the pastel green building from which the Sea Mist boat once launched at the Boynton Harbor Marina to make way for a boardwalk and open space.

BG Demolition of Boca Raton will complete the \$30,000 demolition job.

The building will be razed in about three months, according to Mike Simon, assistant executive director for the city's redevelopment agency.

Still, Vice Mayor Joe Casello -- the lone commissioner who fought to

One of the international

club's main missions is the

worldwide fight against

polio, and Voss has trav-

eled to India and West Afri-

ca working alongside the

World Health Organiza-

tion to immunize children

against polio and to help

Togo, West Africa, where I

was met by local Rotarians

from 15 African countries,"

she said. "It was an uplift-

ing experience to help kids

"I flew from Paris to

build schools.

keep the building standing -- says that the agency hasn't done enough to breathe life into the struc-

"The building could have been used," Casello said. "The [redevelop-

who were so appreciative of our efforts."

Coast with the Rotarians.

is people doing for others," she said.

Louise Nelson at 561-376-6277 or Lnelson@flcmbk.com.

plored the possibility of bringing businesses down to that spot in the marina."

Last year, Casello pushed an idea to bring a piano bar to the two-story building, but no developers came forward.

Vivian Brooks, executive director of the redevelopment agency, said that the agency did not entertain any requests to allow a busi-

ness to use the building, but instead

continues on 5

continued

"We're successful because everyone gives

not only financially, but of their time."

"We have a lot of member participation," he said. "It's nicer than larger clubs where members may only give financially and not get personally involved."

In 2013, Donnelly-McLay, a pilot for FedEx, accompanied the club's first U.S. scholarship winner Destiny Andrews, a **BASA** Aviation Academy student at Boynton Beach Community High School, to the Royal Swedish Academy of Sciences in Sweden for the Molecular Frontiers annual sympo-

A member of the strategic board of Molecular Frontiers, Donnelly-McLay went again in 2014 with scholarship recipient and South Tech nursing student Kellsie Kershaw.

ment agency] never ex-

Voss goes to the gym each week to keep in shape for her international excursions. This May, she plans to go to the Ivory

"What's most important

Visit rotary.org or contact



HELPING DONATIONS From left, Mary McMullen (vice president, Floridian Community Bank and Rotary member); Steve Weissman, club president; Laurie Nagelbush (Keyes Realty), club treasurer, and Barbara Stark, CEO of Milagro Center at the presentation. SUBMITTED PHOTO



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Police substation coming to MLK Boulevard

Boynton Beach city officials say that crime is a problem along the city's Martin Luther King Jr. Boulevard, and now they have a plan to clean up the area.

"We need more of a police presence there," said Vivian Brooks, the executive director of Boynton Beach's Community Redevelopment Agency.

Recently, at a redevelopment agency meeting,

continued from 4

was following a boardapproved master plan

for the marina.

According to redevelopment agency documents, the building is "dated and unattractive" with multiple code viola-

the agency's board agreed to rent a 800-square-foot police substation at 404 E. Martin Luther King Blvd. to help deter crime. Police officers may be in the building as soon as next month.

"We hope to cut back on loitering," Brooks said. "We have 'No Trespassing' signs on our properties, but we are not an enforcement arm."

Martin Luther King Jr.

tions and is "ineffective to renovate."

That's why the redevelopment staff created a plan that eliminated the building and replaced it with a boardwalk, palm trees and benches overlooking the Intracoastal Waterway.

Blvd. is a street in the Heart of Boynton, a mostly African-American community in the city's downtown. The street is vital to the city's history and redevelopment, but criminal activity is stopping the area's progress, city officials sav.

That's where the Boynton Beach Police Department comes in, Brooks

Jaclyn Smith, spokes-

The building was built in 1971, according to the Palm Beach County Appraiser's office, making it 44 years old -- six years shy of being able to be designated as historic, city officials say.

In the 1980s, the building was the booking area person for the police department, said the police chief hasn't worked out the specifics of the program, but the goal is to boost safety.

Brooks said the redevelopment agency and the police department will work closely to monitor the effectiveness of the community policing pro-

In August, the redevelopment agency set aside

for the Sea Mist drift-fishing boat and a private residence for Janet and Wendall Hall, the couple who ran the operation.

Andalthoughthe building may hold a special place in some residents' hearts. Warren Adams, the city's historic

\$200,000 to fund the program. Renting the building will cost the redevelopment agency \$9,600 for a three-year lease, according to agency documents.

Board member David Merker said that he liked the plan.

"Ît's a wonderful idea," he said. "The people will realize that the city wants to take care of them when they see more police walking the streets."

preservation planner, said the building does not have a significant historical background to save it from destruction.

The building has been on the chopping block since 2011, but resident protests have delayed the demolition.

Mack McCray, commissioner for the Heart of Boynton district and redevelopment agency board member, said a police substation in the Heart of Boynton won't deter crime unless the officers carry out patrols.

"Putting a substation on Martin Luther King Jr. Blvd is not going to do anything unless the police officers walk the beat," McCray said.

Other commissioners and board members say that it's time for the building to go.

Mayor Jerry Taylor told Casello, "I've lost votes too, but as a board we agreed to tear down the building. So let's move forward."

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is that fully three

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preventable. In

answer to this issue.

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Wednesday, September 23, 2015 BOYNTON BEACH FORUM

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The Boynton Forum is published weekly by Forum Publishing Group, Inc., a subsidiary of the Sun Sentinel Co The corporate office's mailing address is 6501 Nob Hill Road Tamarac, FL 33321

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Community service begins at home

ou kids these days have it too easy!" As a child, we recall our parents reminding us that others don't have it as good as we do.

As adults, those words have a much deeper meaning. It's a call to action that we should instill in our own children.

Recently, two sisters who reside in Miami had the opportunity to give back to seniors who had their childhoods and their families taken from them. Holocaust survivors, both centenarians, were the recipients of smiles and goodies just prior to the Jewish New Year from these young women, who received in return a valuable lesson in reality.

One sister commented, "I was really happy to be able to give them that happiness for the day."

These siblings are learning that it is better to give than to receive. Those are core values that lead to a lifelong commitment to community service.

Serving the community teaches responsibility for others. With so many in the public eye being deceitful these days, now is the time for parents to step up and show their children that their actions can affect the world in a positive way.

To make it happen, it takes more than words. Parents need to provide the experience of volunteering. Pick a day and dedicate it as the date you and your family will

engage in a charitable project together. From there, youngsters can take this experience and grow it into volunteerism of their own.

Contact area organizations and inquire if children are allowed to participate in service opportunities. Also, make sure the activity is age-appropriate and involves a little fun. That could include walking dogs at an animal shelter, or creating gift packages to be delivered to families in need or homesick soldiers stationed overseas.

Churches and synagogues often plan charitable activities that involve people of all ages, including toy, food and clothing drives. Some houses of worship even work together on such projects.

For more than 30 years, Congregation B'nai Israel and Ebenezer Missionary Baptist Church, both in Boca Raton, have united to serve Thanksgiving dinner to 5,000 hungry people.

Projects such as these give children hands-on experiences that what we often take for granted and mean so much more to someone in need.

The satisfaction and pride that come from performing goods deeds early on can last a lifetime.



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BOYNTON BEACH FORUM

FAST FACTS

■Age 30

- ■He graduated from Florida State University in 2008 and West Dean College in 2012, earned his master's of fine arts in painting and drawing from the University of Sussex, England, 2012.
- ■Of Indian descent, Seenath was born in the United States to parents from Trinidad.

What do you think about Vishan's art?



HURTURA BRAZ RIEND

Vishan has a unique approach to the visual arts. It's refreshing that he sticks to telling his story through the Indian art disciplines. His political work is one of my favorite series. It was drawn in a way that any race or gender can relate to and I feel that it can be anyone's story.



BRITTANY NICOLE COX FRIEND

Vishan approaches his work with the greatest detail. He sits for hours meticulously executing every line and even crafts his own brushes from fine feathers or hair. He brings a unique perspective to traditional Indian paintings.

ON THE SPOT

How did you come to the Boynton Beach Arts District?

I had been to events at BBAD and got to know Rolando Chang Barrero, the founder of the Arts District. I was teaching art in a middle school and when my contract was up, I decided to use the time to create and work on my art.

What is your style?

It's a mixture of everything I've learned, incorporating Western-style art and incorporating Asian-influenced aesthetics, including cultural influences from Indian, Thai and Buddhist artwork. I also work in pen and ink and prefer to paint with acrylics.

Where do you get your inspiration?

I study Indian art from the past and incorporate its influences into my work, focusing on issues such as racism and colonialism that affect me and other minorities. Much of my work is political in nature, dealing with social issues, factory and migrant workers, social consciousness and my experiences in cross-cultural dating.

What do you want to achieve with your art?

I want to show people a different perspective, to see something from another's perspective. If you can do this through art, that's what makes it great. Open a window into another's reality.

Are you disciplined in your art practice?

No. Distractions take over. It goes in cycles. I can paint and draw frenetically, then nothing, while I wait for inspiration to hit.

What is your creative process like?

I spend time looking back at my old work and sketchbooks to give me new ideas. I'm reimagining old work in new contexts, and spending time in self-reflection. I use a computer to do preliminary drawings. Then I print them and use carbon paper to trace the images onto the canvas. It's exacting work.

What accomplishment are you most proud of?

Getting through graduate school. It's one of the toughest things I've ever done. It's changed my outlook. I don't have the same inhibitions I had before. I channel my strongest ideas into my work and see what happens. I've created some controversy with my work and have gotten a strong response from the public. I challenged people's ideas and preconceived notions and, in the process, have grown both personally and artistically.

What did you want to be growing up?

A geneticist or biomedical engineer. I started those studies at FSU before I switched to art.

Whose work do you admire?

I love the work of Pakistani artist Shahzia Sikander, an expert in Indo-Persian miniature painting. I met her at the Norton Museum of Art last year and she is one of the first South Asian artists to contemporize Indian art, combining Muslim imagery and Indian themes.

What quality do you value most in yourself?

I'm curious about everything. I go beyond the superficial and try to learn as much as possible. I'm curious about the science and physics of everything.

VISHAN SEENATH

NEW ARTIST AT THE BOYNTON BEACH ARTS DISTRICT



The fist bump revolution

hile we adults are busy teaching our children all we know about survival

and finding success in a complicated world, our kids have plenty to teach us, as well. You probably know this is true if you've ever consulted a youngster for help with your

new computer, cell phone, tablet, or even that new appliance, with pages of intimidatingly incomprehensible set-up directions. An effortless understanding of today's technology seems to be in the DNA of the young ... while those of us who are no longer young fight off the urge to take a baseball bat to mean-spirited computers

and other alleged technological advances. So, it's in this spirit of being open to that which comes from the

> realm of the young that I am here to advocate for the end of the handshakeand the introduction of fist the

bump.

Let's face it: the world is one very unhealthy place. Germs. We can't see them. but they're there. Just ask those Native Americans who were given small pox infected blankets by those friendly colonists.

Researchers, it seems, have been hard at work measuring the amount of germs we pass on to each

other when we high-five, shake hands and fist bump. The fist bump, immortalized by Michelle and President Obama after his first inauguration speech, turns out to be the safest way to make contact. Is that why our kids have been doing it? No matter. Scientists have run experiments covering their gloved hands with E. coli virus, and then executing the various methods of greeting. Their findings: high doses of bugs were passed during a handshake, but that amount was reduced by more than half when a high-five was employed instead. Then, even more hygienic was the fist bump, which further reduced the amount of germs being passed on.

Of course, none of this

was news to the World Health Organization, which has advocated the use of an "elbow bump" as a germ-free greeting since 2006. Then, some academics must have been watching their kids, when the fist bump was suggested as an antidote to the H1N1 "swine flu" epidemic in 2009. Since then, researchers from Aberystywth University have confirmed that a fist bump greeting reduces the spread of germs by a whopping 90 percent, making it the cleanest greeting yet. (Right now, in Africa, the "Ebola elbow" greeting has been proposed – which may seem odd when considering that the World Health Organization has been advocating coughing into those elbows for the

last five years. (Perhaps, we're to cough into the left elbow while "greeting" with the right?)

I wonder how the good folks at FOX News are taking this. Remember how they relentlessly railed against the Obamas for their "terrorist fist bump"? If we assume that they read and are aware of events in the news, then can we expect a retraction of their attack on the Obamas? Will they run a story about how this gesture, adopted from the young, can lead to a healthier society, one where germs are not spread as freely as before? Will the threat of renewed Ebola in our midst have the FOX News crowd actually thanking the Obamas for modeling such comparatively risk-free

contact? Don't hold your

If we could get into our time machines and travel back hundreds of years, we might see people greeting each other by bowing, making no physical contact whatsoever. I don't think we're ready to readopt that custom. Do you? Now, the question is this: Will we see the day when a relatively hygienic fist bump greeting is the norm, exchanged between business executives, heads of state and wedding guests? Can you imagine Pope Francis fist bumping his way through Vatican Square? And if this happens, we can thank our teenagers for turning us all on to a new, accepted and healthier norm in society.

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continued from 1

the Florida Aquifer before coming up with a

unique design visible to vehicular traffic as well.

"It's a special experience," said Dahlquist, whose project "Thirst" appears at the University of Florida in Gainesville. "Our art will raise awareness about where drinking water comes from and interpret the water treatment process."

Water is being filtered as one stands inside the sculpture.

"The haiku is a distillation of an idea," he said. "We are made up of 50 percent water, although we are disconnected from nature. Does the public think about where clean drinking water comes from?"

"We hope the art makes them think about this in a visual way," Dahlquist said.

During the day, the public art elements are colorful, and at night will be illuminated with LED lights.



H2O ART A computer-generated image shows the Water Pavilon .submitted RENDERING

Colin Groff, the city's utilities director, said, "Part of our city ordinance includes spending 1 percent of our construction budget, or \$260,000, on the art project."

"We want to create an educational infrastructure to bring school kids and adults for educational programs," he said. "We hope to educate consumers. And, what better way to do it than with art?"

The East Water Treatment Plant is at 124 E. Wool-

bright Road. Visit Boynton-BeachIonExchange.com and BoyntonBeachArts.org.

Other improvements to the treatment process include filter valve replacements; modifications to the disinfection system; energy efficient service pumps; a new 3 million-gallon finished water storage tank with a new re-pump station; and modification of the site paving, stormwater and security systems.

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THE WEEK IN PICTURES











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Civic Center to offer dog obedience classes

In addition to The Gold Coast Jazz Band, the Bob Roberts Society Orchestra, health fairs and rummage sales, the Boynton Beach Civic Center is offering classes for new dog owners.

Introduction to Dog Obedience and Bright Puppy Kindergarten classes (for ages 8 weeks to 5 months) will be taught by certified canine instructor Gari Weinraub.

New York-born Weinraub relocated to Boynton Beach after 25 years in Seattle, where she was a zookeeper at the Woodland Park Zoo, working with sloth bears and Asian sun bears.

"We think these classes will appeal to the public," said center supervisor Janice Phillips. "We're looking forward to having Gari here."

"It's something new for the Civic Center," she said. "People love their pets and want to make sure they do the right thing for them."

Weinraub will focus on teaching basic obedience, including walking on leash, focus and attention, house and crate training, impulse control and using positive reinforcement to obtain better behavior from your dog.

The puppy classes will focus on playing off leash and socialization.

"One of the difficulties in training is being consistent," said Weinraub, who has a degree in animal behavior from Western Washington University. "You must give clear cues to your dog."

"If you're consistent, most dogs will listen and understand," she said.

In the past, Weinraub has been the proud parent of Standard and Bouvier poodles, and said one of the smartest breeds she's trained is an English bull-

Surprisingly, she said her favorite breed is a pit bull.

"They're remarkable dogs," she said. "I love their personality, their devotion, loyalty, sweetness and tenderness."

"It's a myth that they are so dangerous," Weinraub said.

Nicole Pasqual and Louis Shore, a retired entertainment industry executive from California, and the proud owner of a 9-month-old Doberman Pinscher named Scarlett, have both taken private obedience classes with Weinraub.

"She's great," Shore said. "Not only does Gari teach the dog, but she works with the owner very carefully. Gari is dedicated to her craft and follows up with you with additional information, videos and a summary of

"Scarlett is a work in progress," he said, "but I can attest to Gari's skills and commitment."

Pasqual introduced a 4-month-old French bulldog, Max, to her older dog, Augustus, an 8-year old English bulldog.

"Augustus was aggressive and scared around Max, and had impulse control issues," she said. "Gari came within 24 hours and takes a holistic approach to training - including diet, exercise and behavior modification."

"She has a great attitude and trains both the dogs and the owner," she said. "She's truly a godsend."

Call the Civic Center at 561-742-6240. The Boynton Beach Civic Center is at 128 E. Ocean Ave. Cost is \$100 for residents; \$125 non-residents for six weeks of classes on Tueswhat you've learned in day nights beginning

CANINE CLASS Gari Weinraub will teach dog obedience classes at the Boynton Beach Civic Center, starting Sept. 29. SUBMITTED PHOTO

Sept. 29. Puppy classes are open enrollment - cines is required breeds are welcome.

puppy's first round of vaccines is required. All

Take a free guided tour of Schoolhouse museum

JAN ENGOREN JENGOREN@TRIBUNE.COM

Boynton Beach historians Janet DeVries and Ginger Pedersen, in conjunction with The Boynton Beach Historical Society, are having a guided tour of the Schoolhouse Children's Museum & Learning Center on Sat-

The masonry vernacular-style building, which is listed in the National Register of Historic Places, was built by architect William Maughlin in 1913.

"Participants who embark upon the history stroll will step back in time to the days when lage and many of the Hannibal Pierce, keeper Boynton had less than 1,000 residents," DeVries said. "If you listen hard enough, you may hear the pitter patter of barefoot children of 100 years ago. When the school opened with 81 students, Boynton was a rural farming vil-

young sters came to school with no shoes."

"The guided tour will allow participants to see the lovely architecture including Dade County pine floors, bead board walls and belfry," she said.

of the Jupiter Lighthouse, learn about early transportation and mail delivery, local shipwrecks, Boynton's agricultural history and its namesake, Maj. Nathan Boynton.

Admission is free, but Participants will meet donations to the museum

are encouraged. Advance registration is recommended.

Meet at 10 a.m. on the steps of the school at 129 E. Ocean Ave.

To register, visit eventbrite.com or call 561-327-4690.

Affordable Care Act workshops offer one-on-one assistance

MORT MAZOR SPECIAL CORRESPONDENT

Informational workshops and assistance to learn about enrolling in the Affordable Care Act process are scheduled at Palm Beach County Libraries through Dec. 17.

Workshops occurring

over the next two months include: 11 a.m. to 3 p.m. Friday at Okeechobee Boulevard Branch Library, 5689 W. Okeechobee Blvd., in West Palm Beach; 2 to 6 p.m. Oct, 22 at West Boynton Branch, 9451 Jog

Road, in Boynton Beach; 11 a.m. to 3 p.m. Oct. 23 at West Boca Branch, 18685 State Road 7, in Boca Raton.

The initial workshop took place recently at Hagen Ranch Road Library

west of Delray Beach conducted by representatives of the Health Council of Southeast Florida, including Marcia Hayden, lead navigator/project manager, and Nicola Chung, director of Enroll Palm

Beach. Another presenter was Vicki Tucci Krusel, a Legal Aid Society attorney. The presenters gave information on how to apply for coverage and then provided one-on-one counsel to those in attendance.

Here is an overview of the sign-up process:

■ To qualify you must live in the United States, be a U.S. citizen, nationalor

non-citizen

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Online tool for native gardening

Native landscaping can be as simple as planting a single shrub or as involved as recreating an indigenous habitat. Small or large scale, the benefits reach beyond a city yard.

Native landscaping strengthens the greater South Florida ecosystem by providing food and shelter for birds and butterflies. In the face of rising sea levels and climate change, natives boost migration outcomes for wildlife while reducing demands on natural resources.

"Native species are adapted to the precise climate, soils and other growing conditions unique to a given area," said Ĝeorge Gann, chief conservationist at the Institute for Regional Conservation.

Homeowners are

among the biggest winners.

"The benefits to the homeowner include saving money by using fewer pesticides and fertilizers and conserving water. Native plants require less maintenance, increase wildlife viewing and are more resilient to hurricanes," Gann

Anyone can choose native plants for their yard with the information found in "Natives for Your Neighborhood." The institute's free online tool lists all types of greenery, organized by zip codes. Locating one plant to fill a gap or creating an authentic habitat is just a keystroke away.

"It's designed so a person with no background on native plants can find useful information and



CONSCIOUS PLANTING An example of an ecologically friendly garden planted with native species. SUBMITTED PHOTO

lead to further research," Gann said.

A search by zip code pulls up scores of possibilities. Many on the list have notations to distinguish plants that are readily available from hard-to-find choices. An advanced search option gives light preference, soil, form, drought tolerance, fruit, wildlife attractant and flowering choices.

A wildlife search shows butterflies and the plants that attract

continues

on 17

them. A habitat search explores

JAN ENGOREN JENGOREN@TRIBUNE.COM In preparation for its

needs volunteers

Kravis Center

24th season kicking off next month, the Raymond F. Kravis Center for the Performing Arts is seeking volunteers.

"With over 400 volunteers, the Kravis Center knows that the show would not go on without the dedicated corps of people who donate their valuable time to the center," usher coordinator Karole Cooney said in a statement. "While many volunteers have been with us since opening night, we are now seeking applicants to join the ranks and become an integral part of this vibrant theater."

Volunteer opportunities are available for ushers, tour guides, data entry, the gift shop, the education department and the administrative offices.

To become an usher, applicants must complete a training course about the center's operations, including learning about emergency evacuations, seating, show procedures and customer service.

The next volunteer orientation will be at the Kravis

Center's

continues on 17

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BOYNTON BEACH FORUM Wednesday, September 23, 2015

continued from 16 large-scale gardening. It's useful for ecologi-

cal restoration projects.

For a regional website, "Natives for Your Neighborhood" is popular with 10,000 page views per week. But it's underutilized in Palm Beach County, since the institute moved to Delray Beach from Miami two years ago.

"We have four times as many users in Miami-Dade," Gann said. He's also working to bridge the gap between the consumer and supplier.

Jeff Nurge, owner of Native Choice Nursery in Boynton Beach, said he sees customers who have a desire to bring nature into their yard or be environmentally friendly. "Nothing attracts butterflies better than native plants," said Nurge, also a guest columnist for Forum Publishing Group.

At his nursery, he'll advise novices on the right species for their space. He also takes requests for lesser-known plants and often makes a match when a wholesaler has a rare find.

Gann invites nurseries and landscapers to can join the site's "Find Native Plants" listing.

"I hope to expand the list so no matter where you are in South Florida, you can go to the website and find native plants in your area and vendors that have the plants for sale," Gann said.

Visit Regional Conservation.org/beta/nfyn.

continued from 16 Rinker Playhouse at 10 a.m. Sept. 24.

The upcoming season includes: "Matilda The Musical," "42nd Street," "Motown The Musical," "Woody Allen's Bullets Over Broadway" and "The Bridges of Madison County The Musical" and an array of drama, dance and music, including a three-concert se-

ries by Michael Feinstein and a performance by Yo-Yo Ma on Jan. 15.

Download a printable volunteer application, fill it out and mail it to: Volunteer Program, Kravis Center for the Performing Arts, 701 Okeechobee Blvd., West Palm Beach, FL 33401.

The application is available online at Kravis .org under "Play a Part." Call 561-651-4294.



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Boynton senior swings for the fences in softball league

When Bill Woodford retired as a New York bus driver and moved to South Florida this summer, he was looking to get back into sports.

The 62-year-old from Pembroke Pines saw an announcement in the Sun Sentinel about the Pompano Senior Softball League and decided to check it out. He has since become a regular at Pompano Community Park, where games take place every Tuesday and Thursday morning. Players are in warm-up mode at 8:45 a.m. in preparation for the 9:30 a.m. action.

"I played a little bit in Fort Lauderdale at Mills Pond Park, and John Ritacco asked if I wanted to play with the team he runs [in Pompano]," said Woodford, who has played softball since his 20s. "I used to be very active, and now that I am retired, I have a lot more time. It's a lot of fun."

Woodford said the league can be very competitive, but there is also plenty of camaraderie and friendship.

"There are some players who are better than others," Woodford said. "You need players to be competitive, and regular guys get a shot to play, too. The main thing is that it's good exercise and it keeps you going. It keeps you

Paul Segal, 64, who recently moved to Boynton Beach from Coconut Creek, said the league is lots of fun.

"When things aren't going so good [out on the field], I am not as happy," Segal said with a laugh. "I am just here to have some fun and get some exercise. We are all young at heart."

Segal has been playing \cong organized ball since age 7.

"I have always liked to play ball," Segal said. "It relieves my stress. But I am also a competitive person and I like to win. When I don't win, I take it in stride. It's just a game."

Ernie D'Angelo, 70, also serves as a manager in the five-team circuit. He has been involved in the sport for 15 years and with the league for about the past 10.

"There are some guys out here who are competitive and others who aren't," said D'Angelo, who is also on a tournament team that travels around Florida once a month. "That's a lot of fun because you get to go to other cities and it is fabulous."

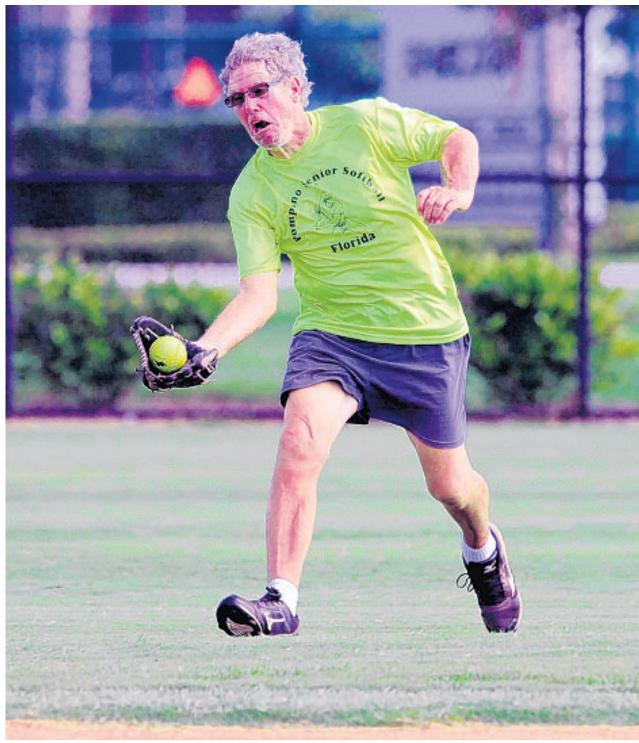
Ron Losey, 69, is one of nine board members for the league.

"You get guys out here in their 50s, 60s, 70s and some in their 80s, and they all get to play," Losey said. "They get some fresh air and some camaraderie. Everybody knows each other, and we have some new guys this season, and they all fit right

Since the league's fall season lasts only five weeks, a committee picks the teams based on ability. During the winter/spring season, when the snowbirds are back in town. there are usually eight teams with rosters selected through a draft by the managers.

"They come out here and we see how they perform and then we select them," Losey said of the draft process.

The league will also host in-house tournaments, typically on Saturdays, during the main season. The captains pick the players who play, plus bring in teams from other



SWINGING FUN Boynton Beach resident Paul Segal races in from center field to make a running catch during a recent game in the Pompano Senior Softball League. Segal is one of about 60 players who come to Pompano Community Park for the twice-a-week action on the diamond. PHOTO/GARY CURRERI

parks. One of the biggest draws takes place over the Christmas holiday when the league hosts its Snowflake Tournament.

"It is fun to play against other cities," Losey said. "People travel from as far

south as Miami to as far north as Boynton Beach."

Players are asked to

bring their own bats and gloves. Those interested in joining may call 954-603-6313.



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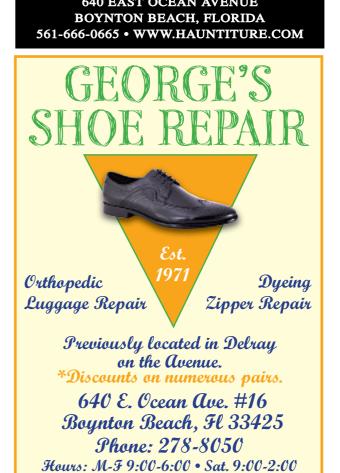
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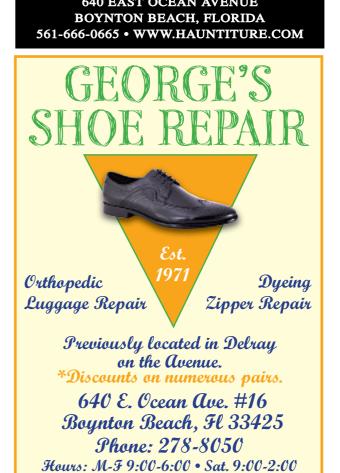
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Brad Paisley With Justin Moore, Mickey Guyton Oct. 3. Perfect Vodka Amphitheatre. \$19.75-\$76.25.

D'Angelo & The Vanguard 9 pm Oct. 6. Fillmore. \$59.50-\$119.

Ani DiFranco 7:30 pm Oct. 6. Culture Room. \$25,

Blood, Sweat & Tears With Three Dog Night's Chuck Negron of, Mark Farner 7 pm Oct. 8. Pompano Beach Amphitheatre, 1801 NE 6th St. Ticketmaster. \$28-\$73.20.

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Orchestra, Spooky Black, DJ Nicolas Jaar. electronic music, dance, performance art Oct. 9-11. Mana Wynwood. 3-day pass \$88.

John Cleese & Eric Idle 7:30 pm Oct. 10. Fillmore. \$59.50+.

Walk the Moon 8 pm Oct. 13. Fillmore. \$29.50-\$58.

Buddy Guy 8 pm Oct. 15. Hard Rock Live. \$30-\$64.85.

Zedd With Dillon Francis, Alex Metric 7 pm Oct. 16. Bayfront Park. \$40, \$54.75.

Juan Gabriel 9 pm Oct. 16. AA Arena. \$65-\$285.35.

Alvin and the Chipmunks: Live on Stage! 3 & 7 pm Oct. 16. Arsht Ziff. \$29-\$49.

Korn With Suicide Silence, Islander 8 pm Oct. 16. Fillmore. \$49.50-\$84.75.

Cheap Trick 8 pm Oct. 22. Hard Rock Live.

\$30-\$64.85.

Warren Havnes 8 pm Oct. 22. Fillmore. \$29.50-\$52.50.

Rob Thomas 8 pm Oct. 23. Hard Rock Live. \$55-\$92.70.

Ricky Martin 8 pm Oct. 24. AA Arena. \$23-\$148.45.

Jason Aldean With Cole Swindell, Tyler Farr 7:30 pm Oct. 24. Perfect Vodka Amphitheatre. \$25.50-\$87.70.

Ricky Martin 8 pm Oct. 24. AA Arena. \$23-\$148.45.

Taylor Swift 7:30 pm Oct. 27. AA Arena. \$36.50-\$223.80.

Margaret Cho 8 pm Oct. 30. Fillmore. \$29.50-\$63.

Bill O'Reilly/Dennis **Miller** 7:30 pm Nov. 7. Hard Rock Live. \$65-\$143.70.

Chance the Rapper 8 pm Nov. 7. Fillmore \$37.50-\$61.

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Ghost tours dig up haunted past in Yesteryear Village

roll in, Ghost Tours at Yesteryear Village at the South Florida Fairgrounds begin again, with the first one set for

"We have people who come and really feel like they experience things," Paige Poole, Yesteryear Village manager, said. "They have objects that appear in their camera and film. Floating orbs."

"They say the veil is thinnest around Halloween," Janice Nalis, one of the volunteer tour guides, said. "That we can communicate with the spirits easi-

Back in 2008, the cast and crew of Travel Channel's "Ghost Adventures" did a segment inside the

Guaranteel

s the cooler months Riddle House, one of four or spirits that visitors have said people come by Yeshouses visited on the Ghost Tours.

> "The 'Ghost Adventures' came here, did a big thing, then after that we started doing tours the first Friday of most months," Poole said. "It's been well received, and people are constantly asking to spend the night in the Riddle House, but we can't because of liability reasons."

> At the Riddle House, it's said that Mr. Riddle, feeling wronged in death, has not moved on. Other buildings visited on the tour are the Corbett Shack, with multiple bodies rumored to have been found there; the Pineapple Processing Plant; and sometimes the Bait and Tackle Exhibit. Each place has its spooky story

experienced.

"I've had people run out of a building they're so scared," Nalis said. "I've seen them leave early while others seem to enjoy themselves."

Last May, "Ghost Adventures" returned to Yesteryear Village to do a follow up at the Riddle House for their "Aftershocks" spe-

"They returned, and that's all we can say," Connie Christman, program coordinator, said. "It was really cool. It was a totally different story but they did touch base in the Riddle House and have Mr. Riddle come back out."

Though details on the follow-up show have yet to be released, Christman teryear having seen the repeat episode of the Riddle House from years ago and are curious to see it.

"You're teaching them about the history," Nalis said. "Even though it's a ghost tour, it's history."

In addition to Oct. 2, tours are set for Nov. 6 and Dec. 4. before the South Florida Fair comes back to town. For the younger crowd, Yesteryear Village's Spookyville returns Oct.

Admission is \$18 per person. Reservations are required. The deadline to purchase tickets is noon the day before the tour. Yesteryear Village is at 9067 Southern Blvd. Call 561-790-5232.



HAUNTED HOUSE The Riddle House at Yesteryear Village is on the upcoming Ghost Tour. SUBMITTED PHOTO

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BOYNTON BEACH FORUM WEDNESDAY, SEPTEMBER 23, , 2015

Wednesday 23

Amazing Art Your little artist will enjoy all types of art media. Each Wednesday a new project is offered. Schoolhouse Children's Museum & Learning Center, 129 E. Ocean Ave., Boynton Beach. 11:30-noon and 2-2:30 p.m. \$3.50 with paid admission. 561-742-6780 to register.

Coalition of Boynton West Residential Associations

The next delegate meeting takes place on Wednesday at 9:30 a.m. at Valencia Isles, 11200 Valencia Isles Blvd., Boynton Beach (Jog Road south of Woolbright Road). John A. Carey, inspector general Palm Beach County will present "Promoting Ethics in Government." Visit cobwra.org. **Elementary Martial Arts** A great opportunity to learn methods of self-de-

fense, technique and various forms. Wednesday from 4:45-5:30 p.m. at the Mandel JCC, 8500 Jog Road, Boynton Beach. \$70/member; \$100 guest. 561-572-9744.

Mah Jongg Open Play Sessions

Meet new people while playing in a casual environment. All levels of players with tables grouped by game preference and level of skill, when possible. 9:30 a.m.-noon on Wednesday at the Mandel JCC, 8500 Jog Road, Boynton Beach. Free for members; \$5 guests. Call 954-572-9774.

Meet Me at the Mixer The next mixer is on Wednesday from 5:30-7 p.m. at the Carolina Ale House, 365 N. Congress Ave., Boynton Beach. Members \$5; Non-members \$10. Includes one drink appetizers and networking. Tickets at door \$10/\$15.

The Palmaires in Concert The Palmaires will perform every Wednesday from 1:30-3:30 p.m. at the Senior Center, 1021 S. Federal Highway, Boynton Beach. Plays music from the Great American Songbook, including standards, pop, big band, swing and jazz. Members free; \$2 nonmembers. 561-742-6570.

Pickle Ball Takes place Wednesday

from 9 a.m.-noon p.m. at the Ezell Hester Jr. Community Center, 1901 N. Seacrest Blvd., Boynton Beach. Games are indoors. Paddles and balls furnished if needed. For any skill level. Clinic every Thursday at 9 a.m. \$5/player. 561-742-6550. Senior Social Hour Join the Senior Social Hour at the Senior Center, 1021 S. Federal Highway, Boynton Beach. Every Wednesday at 1 p.m., play dominoes, board games, and more. Free to all members, 561-742-6570.

Thursday 24

Adult Martial Arts

Teaches physical skills and mental strength, as well as what actions to take in different situations. Classes are from 7-8:30 p.m. on Thursdays at Mandel JCC, 8500 Jog Road, Boynton Beach. \$70 member; \$100 guest. \$25 registration fee required for the uniform. 561-572-9744.

A.N.T.H.U.M. Jazz Band "Dancing at the Make Believe Ballroom" takes place from 1-3 p.m. each Thursday at the Boynton Beach Senior Center, 1021 S. Federal Highway. Must be a participant of the senior center, or show a guest pass to attend. Free admission to members. 561-742-6570.

Boynton Beach City Library

A Youth Activity Lab takes place from 4-5 p.m. on Thursdays in the Youth Program room at the Boynton Beach City Library, 208 S. Seacrest Blvd., Boynton Beach. Play board and video game using Wii, PS3 or Box 360; practice on the library's ukuleles or make wearable art with ribbon looms. For grades K-5.

Free. 561-742-6360.

Boynton Beach Arts District Open House

A monthly arts soiree, featuring live music, artists, poets, dance and more. 7-10 p.m. Thursday at the Boynton Beach Arts District, 422 W. Industrial Ave. Free. 786-521-1199.

Duplicate Bridge Games

Games take place from 6:45-10 p.m. on Thursdays at the Mandel JCC, 8500 Jog Road, Boynton Beach. \$6 member; \$8 guest. 561-572-9774 or JCConline

Group Tutoring Writing Tutoring classes for grades K-2 takes place from 3:45-4:40 p.m. and sessions for grades 3-5 is from 4:45-5:40 p.m. on Thursdays at the Mandel JCC, 8500 Jog Road, Boynton Beach. \$336/student per subject.

561-572-9774. Outlook Club for the Visually Impaired

A socializing opportunity for the visually impaired. 9 a.m. – noon on Thursday at the Boynton Beach Senior Center, 1021 S. Federal Highway, Boynton Beach. Free. 561-742-6570.

Friday 25

55+ Health Fair

A senior health fair takes place from 9 a.m.-noon on Friday at the Civic Center, 128 E. Ocean Ave., Boynton Beach. Entertainment by Music Pals, free haircuts, free appetizers and refreshments, free cholesterol and blood pressure screenings; a Yogalates demonstration and more. Call 561-742-6570, or email molinan@bbfl.us. **Boy Scout Overnight** Vigil

An annual vigil to remember all those listed as missing in action and prisoners of war. Ceremony begins at 6 p.m. on Friday and concludes

with ceremonies on Sept. 19 at 10 a.m. Veterans Memorial Park, 411 N.

Federal Highway, Bovnton Beach. Call Tom Kaiser at 561-276-1796 or Stan Gavlick at 561-499-6277.

Children's Half-Day **Beach Bash**

An afternoon of fun, swimming and relaxation, from 9 am.-4 p.m. on Friday at Mandel JCC, 8500 Jog Road, Boynton Beach. Cool off in the pool, play volleyball and enter a sand castle competition. \$50 member; \$60 guest. 561-572-9774.

Pre-School Hip Hop and Zumba

Zumba blends international music with lively dance moves. For ages pre-K to 3. Children learn to shake and wiggle, Zumba-style to hip hop music or their favorite tunes. Fridays from 3:15-4 p.m. at the Mandel JCC, 8500 Jog Road, Boynton Beach. \$144 member; \$192 guest. 561-572-9744.

Senior Karaoke: Boynton Beach Civic Center The Boynton Beach Civic Center, 128 E. Ocean Ave., Boynton Beach is the place to gather for great karaoke from 12:30-2 p.m. each Friday. Music ranges from the 1930s to the 1990s. Free to all members. 561-742-6570.

Saturday 26

Adult Coed Kick Ball League

An 11-game regular season with one week of playoffs. Trophies will be awarded to the championship team. League will also include umpires to keep track of scores. 1:30-3 p.m. on Saturdays at the Mandel JCC, 8500 Jog Road, Boynton Beach. \$50 member; \$75 guest (includes T-shirt). 561-572-9774.

Adult Weekend Tennis Lessons/Clinics

Teaches players how to improve movement on the court, increase forehand, backhand and serving skills and decrease tennisspecific injuries. Clinics

are 9-10 a.m. and 10-11 a.m. at the Tennis Center. 3111 S. Congress Ave., Boynton Beach. \$13 residents; \$17 non-residents. Private lessons \$50/hour; \$25/half-hour. 561-665-0558.

Adult Tennis Clinics-Saturday

Designed to teach movement on the court, better forehand, backhand and serving skills, and tips on decreasing tennis-specific injuries. 8:30-10 a.m. on Saturdays for intermediates and 10-11 a.m. for advanced. Tennis Center, 3111 S. Congress Ave. \$20 residents; \$25 non-residents (beginners) and \$13 residents; \$17 non-residents (advanced). 561-742-6575.

Aqua Zumba Classes Participants dance in the water for added resistance at the heated pool at Denson Pool, 225 NW 12th St., Boynton Beach. 11-11:45 a.m. each Saturday through Oct. 24. No

registration required. Program is on a walk-in basis. \$3. 561-742-6645. **Cardio Tennis Class** Cardio tennis works every part of your body and release stress and anxiety. 8-9 a.m. Saturdays at **Boynton Beach Tennis** Center, 3111 Congress Ave. 10 students per court. \$12 for residents; \$15 for non-residents. Registration required. 561-368-

Claying Around Pottery for Kids

6848.

Kids learn the basic techniques of pottery, including wedging and centering, with an emphasis on creating shapes such as cylinders, bowls, saucers and flowerpots. Takes place from 9-11 a.m. on Saturdays through Oct. 3. Fees are \$49 for residents; \$62 for non-residents. 561-742-6221.

Early Morning Birds Walks on Marsh Trail Arthur Marshal Loxahatchee National Wildlife Refuge, 10216 120th St. S. Boynton Beach. Meet in

the Marsh Trail parking lot. 561-734-8303.

Flight Time: The Safe **Use of Aerial Drones** Educational program for ages 14 and up. Flight time is 10-11 a.m. on Saturday at the Art Center, 125 ŠE 2nd Ave., Boynton Beach. Information on aerial photography, safely charging and using batteries or fuel, airspace rules and regulations and more. \$5/person. Online registration available at boynton-beach.org. 561-742-6221.

Gymnastics

A six-week gymnastic session for children at the Ezell Hester Jr. Community Center, 1901 N. Seacrest Blvd., Boynton Beach. Fall session begins Saturday and classes are at 10 a.m. for ages 4-7 and 11 am. for ages 8 and older. \$66 residents: \$83 non-residents. 561-742-6550.

Pickle Ball Indoors Games are at the Hester Community Center's gymnasium at 1901 N. Seacrest Blvd., Boynton Beach. 9 a.m.-noon. \$5 per player; paddles and balls furnished upon request. Call 561-742-6550. **Saturday Tennis Clinics** Taught by USPTA instructor Bob Howell. clinics are on Saturday from 9-10 a.m. for intermediate and advanced players, and a 10-11 a.m. for beginners and advanced beginners. Tennis Center, 3111 S. Congress Ave. Boynton Beach. Register in advance. \$13 residents; \$17 nonresidents, 561-665-0558.

Sunday 27

Birthday Party Celebrating Flavors of the New Year

Celebrate the Jewish calendar's 5,779 birthday at this hands-on family class from 4-6 p.m. on Sunday at the Mandel JCC, 8500

Jog Road, continues Boynton on 25 Beach. Parcontinued from 24

ticipants create apple and honey biscotti.

Pizza and salad will be served and children will decorate cupcakes. Each family brings one pound of handmade artisan biscotti. \$20 (one child/ one adult); \$5 each additional child; \$10 per additional adult. 561-572-9774.

Exclusive Pool Usage Denson Pool, 225 NW 12th Ave., Boynton Beach, offers exclusive pool usage on Sundays for families to celebrate special occasions. Reservations must be made one month prior to the event. \$10 for adults and \$5 for children, age 5 and older. Children under 5 years are admitted free. 561-742-6645.

Play With the Pros Ten-

Players work with six

pros on six courts on different drills and rotate stations for a "super" lesson and a great workout. Takes place from 2-4 p.m. on Sunday at the Tennis Center, 3111 S. Congress Ave., Boynton Beach. \$45/person. Registration after Sept. 14 will be \$50/person. 561-742-6575.

Monday 28

Academy of Continuing Education Classes Political flashpoint discussion group at 10 a.m., children's martial arts classes at 4:45 and 5:30 p.m., beginners Mah Jongg at 6:30 p.m., and adult martial arts classes at 7 p.m. Mandel Jewish Community Center of the Palm Beaches, 8500 Jog Road, Boynton Beach. 561-740-9000.

ACBL Bridge at Temple Shaarei Shalom

An ACBL Bridge Game takes place Mondays, Tuesdays and Wednesdays (12:30 p.m.): Thursdays (7 p.m.), and Fridays (12:15 p.m.) at Temple Shaarei Shalom, 9085 Hagen Ranch Road, Boynton Beach. Daytime price is \$10, and includes a light lunch. The evening price is \$5. Pam Anderson at 561-602-6976.

Adult Martial Arts Teaches physical skills and mental strength, as well as what actions to take in different situations. Classes are from 7-8:30 p.m. on Mondays at Mandel JCC, 8500 Jog Road, Boynton Beach. \$70 member; \$100 guest. \$25 registration fee required for the uniform. 561-572-9744.

Adult Tennis Clinics-Monday Advanced players can improve

continues on 26



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continued from 25

their moves on the court. 6:30-8 p.m.

Mondays at the Boynton Beach Tennis Center, 3111 S. Congress Ave. \$12-\$15. 561-929-1076.

Advanced Square Dance Lessons

For advanced students only. 3-5 p.m. on Mondays at the Civic Center, 128 E. Ocean Ave., Boynton Beach. \$6 per person. Jack Lewis, 561-731-3119 or Scotty Sharrer, 561-865-2611.

All-Star Cheerleading For ages 5-16, classes take place each Monday, Tuesday and Wednesday from 5:30-7:30 p.m. at the Sims Center, 225 NW 12th Ave., Boynton Beach. Sessions run through April 29, 2016. Parents responsible for all competition fees, hotels and transportation. \$250 residents; \$313 nonresidents. 561-742-6642.

Antiques and Collectibles

Learn what you need to know about your antiques and collectibles. Genuine? Origin? Age? Value? 10 a.m.-noon on Monday at Mandel JCC, 8500 Jog Road, Boynton Beach. \$55 members; \$80 guests per six week session. 561-572-9774.

Elementary Martial Arts

Learn methods of selfdefense, different techniques and forms and a chance t be promoted to different belt class levels of achievement. 4:45-5:30 p.m. Mondays at the Mandel JCC, 8500 Jog Road, Boynton Beach. \$70 member; \$100 guest. 561-572-9774.

Elementary Soccer With a Kick

Dribble, shoot, score! Work on soccer techniques on the soccer field. Mondays from 4:10-5 p.m

at the Mandel JCC, 8500 Jog Road, Boynton Beach. \$90 member; \$110 guest. 561-572-9774.

Free Daily Activities for Seniors

Play cards, games and billiards. 8 a.m., Monday through Friday, Boynton Beach Senior Center, 1021 S. Federal Highway. Seniors welcome to participate. Free daily programs for registered participants. Residents register free; non-residents pay \$40 for the year. 561-742-

Happy Squares Dance Club

Square dance lessons for all levels on Mondays from 7:15-9:15 p.m. at the Boynton Beach Civic Center, 128 E. Ocean Ave. Refreshments included. Instructor is Scotty Sharrer. \$6 per person,

payable at

the door.

continues on 27

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Hester Jr. Community **Center Weight Room** Fitness needs at a price you can afford. Ezell Hester Jr. Community Center, 1901 Seacrest Blvd., Boynton Beach. Stay fit and trim \$2 per person, daily. Open to anyone 18 and older. Todd Johnson at 561-742-6650.

Political Flashpoint An interactive weekly discussion group focusing on domestic and international issues. Takes place from 10-11:30 a.m. on Monday at Mandel JCC of the Palm Beaches, 8500 Jog Road, Boynton Beach. Free/members; \$5/guests. 561-740-9000. **Pre-School Cheerlead**ing

Learn the fundamentals of cheerleading at this class from 3:10-4 p.m. on

Monday at the Mandel JCC, 8500 Jog Road, Boynton Beach. \$80 member: \$100 guest. 561-572-9774.

Pre-School Soccer Learn the fundamentals of the sport from scratch or fine tune skills at this class from 3:15-5 p.m. on Mondays at the Mandel JCC, 8500 Jog Road, Boynton Beach. \$180 member; \$220 guest. 561-572-9774.

Private Adult Tennis Lesson

Tennis pro Susan Goodman teaches classes for adults Monday through Saturday in the mornings at the Tennis Center, 3111 S. Congress Ave., Boynton Beach. For information about the lessons and appointment times, call 561-6575 or stop by the Tennis Center pro shop. Theatre Lab of Mandel **JCC**

Seeking actors, play-

wrights and directors. Join others in a workshop setting to engage in play readings, improvisation. and the crafting of new theatrical material. 6:30-8 p.m. on Monday at Mandel JCC, 8500 Jog Road, Boynton Beach. Free and open to community. 561-572-9774.

Tuck's Jazzie Jam Aerobics

Tuck's Jazzie Jam Aerobics, with instructor Carol Tucker, takes place each Monday and Wednesday evening from 7-8 p.m. at the Hester Jr. Community Center, 1901 N. Seacrest Blvd., Boynton Beach. \$3 per person. 561-742-6550. Vegan Asian Dumpling

Class

Chef Barbara Barrae Feinstein teaches the basics of creating vegan Chinese dumplings

continues from on 29 6:30-8"30



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health coverage. A person cannot be currently incarcerated. Information required to provide includes: Personal identification (residence and contact information), household structure, social security number, alien registration number, citizen and immigration status, employer and income information for every many household who needs coverage (pay stubs, W-2), current health coverage status and American Indian/Alaskan Native status.

■ The client can select from a Florida Qualified Health Plan from any of the following companies: Cigna Healthcare, CoventryOne, Florida Blue, www.sunsentinel Health First Insurance, Humana, Molina, Sunshine Health or United Health-



HELPING WITH HEALTH CARE Marcia Hayden and Nicola Chung help residents navigate signing up for health care COVERAGE. PHOTO/MORT MAZOR

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wellness services and chronic disease management, pediatric services including oral care and vision, inpatient/hospitaliza-

■ You may qualify for · Catastrophic - Covers lower premiums on a Marketplace insurance plan if your yearly income (for an individual) is between \$11,670 and \$46,680.

■ You may qualify for lower premiums and lower out-of-pocket costs for Marketplace insurance if your yearly income (for an individual) is between \$11,670 and \$29,175.

■ KidCare: To find out if your child is eligible visit healthykids.org/apply.

There is a long list of important information about immigration statuses that qualify; important terms and definitions, out-ofpocket expenses, co-payments/co-insurance and locations of Federally Qualified Health Center Certified Application Counselors at enrollpbandtc.org. Visit this site for up to date information on site locations, language spoken, whether the site accepts walk-ins or appointments and hours of operation,

among other information.

"The program registration should include what the purpose of your attendance is," said Iris Sandberg, of Lake Worth. "You should have basic information with you and specific questions you need answers to. This way presenters can know in advance how to gear the presentation."

"After wandering like a lost soul on the online Health Care Insurance site. I felt as though I reached an oasis of care here today," said Marcia Ofri, of Boynton Beach. "This program was invaluable, explaining the different and confusing aspects of the Affordable Care Act. The navigators were knowledgeable and interested in offering guidance."

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Tuesday 29

Baby Storytime

Baby Storytime takes place from 9:45-10:45 a.m. on Tuesday at the Boynton Beach City Library, 208 S. Seacrest Blvd., Boynton Beach. For ages up to 24 months. Stories, rhymes and songs to promote learning and development. Youth Services area of the library. Free, 561-742-6380.

Boot Camp in Your Neighborhood

Former U.S. Army drill sergeant, Cedric Davis, will help you lose weight, gain strength and increase stamina. Tuesdays and Thursdays from 6-7 p.m. at the Hester Center, 1901 N. Seacrest Blvd., Boynton Beach. Participants must have a cityissued liability waiver. \$10 per person, per workout. 561-742-6550.

Boynton Beach Garden Club

Monthly meeting on Tuesday at 1 p.m. at the Women's Club Building, 1010 S. Federal Highway, Boynton Beach. There will be a floral design demonstration and a general meeting. Free admission. Call Leslie at 561-436-1475.

Bridge Supervised Play Takes place at 9:30 a.m. at Mandel JCC, 8500 Jog Road, Boynton Beach. \$10/class. 561-740-9000.

Dance Trends Youth Dance

★★A COMPUTOR TUTER★★ Hardware/Software Your computer or mine Reasonable Rates 954-341-6256 or 954-263-4458 This program offers a child the finest in early dance education. Classes run though October 10 at the Boynton Beach Civic Center, 128 E. Ocean Ave. Times and prices vary. Call 561-742-6240 or visit dancetrenedsboynton-.com.

Elite Soul Line Dancing Join instructor Dennis Mobley for this fun and active evening of line dancing. 7-8:30 p.m. Tuesdays at the Ezell Hester Jr. Community Center, 1901 N. Seacrest Blvd., Boynton Beach. Get in shape and have fun at the same time. \$5. 561-742-6645.

Multi-Media Art Classes'

Discover new techniques using watercolor, pastels and acrylic paint, while learning design and composition. Beginners and all levels welcome. Taught by Lourdes McKay on Tuesdays from 9-11:30 a.m. and noon-2:30 p.m. at the Intracoastal Park Clubhouse, 2240 N. Federal Highway, Boynton Beach. Runs Tuesday through Nov. 3. \$60 residents; \$75 non-residents. Online register at boynton-beach.org/recreation.

Portraiture Classes for Adults

Discover and develop the skills to create a realistic

portrait. Classes are on Tuesdays from 3-5:30 p.m. now through Sept. 22 at the Civic Center, 128 E. Ocean Ave., Boynton Beach. Fees are \$50 residents; \$63 non-residents. Call 561-742-6221.

Puppy Kindergarten at the Civic Center

Six-week class for pups ages 8 weeks to 5 months. Focus and attention, name response, house and crate training, biting, commands, social play and more. Proof of first round of vaccines required. All breeds welcome. Classes are from 6-7 p.m. and begin Tuesday and run though Nov. 3. 128 E. Ocean Ave., Boynton Beach. \$100 for residents; \$125 for nonresidents. 561-742-6240.

Smart Dog Classes at Civic Center

Six-week class for pups ages 5 months and older. Impulse control, loose leash walking, response, jumping, focus and attention. All breeds welcome. Classes are from 7:15-8:15 p.m. on Tuesday and run through Nov. 3. 128 E. Ocean Ave., Boynton Beach. \$100 for residents; \$125 for non-residents. 561-742-6240.

Announcements

Boutique Vendors Wanted

continues on 30

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Annuity Owners Could Pay 50% To IRS For Taxes!!

Most annuities are losing half of their annuity value to taxes and most are not even aware of the problem. The IRS is hoping that annuity owners don't find out about a little known secret that could save thousands of dollars in income and estate taxes.

A FREE Report is available that shows current annuity owners how to avoid big mistakes and save thousands! This FREE Report shows the most costly annuity owner mistakes! Call 1-800-317-9919, 24 hrs. and get your FREE copy of the report that the IRS and insurance companies would prefer that you never read.

Call 800-317-9919 24 Hrs. for FREE Report



continued from 29

Rabin Hadassah is looking for vendors for

its holiday boutique, set for Dec. 13 at the South County Civic Center in Delray Beach. The boutique is a fundraiser for stem cell research. Call Helene Sadow at 561-740-0633.

CPR/AED Classes
Cardiopulmonary Resuscitation and Automated External Defibrillator Training will be held at Bethesda Health West on the following dates, Tuesday, Oct. 20 and Tuesday, Nov. 17. 9-11 a.m. or 1-3 p.m. 9655 W. Boynton Beach Blvd., Boynton Beach. Free. Call 561-572-9151.

Upcoming

A Day in the Life of a Police Officer
Representatives of the

Boynton Beach Police Department will read to children in the play area of the Boynton Beach Mall, 801 N. Congress Ave. on Friday, Sept. 25 at 3 p.m. The will talk about their duties as peacekeepers and their responsibilities to the community. All attendees receive a safety badge, treats, games and safety-themed arts and crafts round out the activities. Call 561-736-7902.

Current Events Discussions

Join lively discussions covering the most up-to-date topics faced by the local community, as well as national affairs and foreign relations. Thursday, Sept. 24from 9:30-11:30 a.m. at the Mandel JCC, 8500 Jog Road, Boynton Beach. Free/members; \$5/guests. 561-572-9774. DeVoss-Blum Family

YMCA Halloween

Enjoy a magic show, boat and hay rides, meet-and-greet with candy characters, the Shooting Stars dance team, a DJ and Halloween treats, from. 6:30-9:30 p.m.. on Friday, Oct. 30 at 9600 S. Military Trail, Boynton Beach. Call Donna at 561-738-9622.

Drawing and Sketching Workshops

For ages 8-14 at the Intracoastal Park Clubhouse, 2240 N. Federal Highway, Boynton Beach. Classes are on Saturdays from 10:30 a.m.-1:30 p.m. The next workshop, "Still Life/Sketch a Pet" is from Saturday, Oct. 3 to Saturday, Nov. 7. \$100 residents; \$125 non-residents. 561-742-6221. **Kids Night Out**

The Mandel JCC, 8500 Jog Road, Boynton

continues on 32

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Think like an orchid

We all admire and care a potted flowering orchid for our orchids outdoors is brought home, many on our screened-in patios,

under our lanais and hanging on our trees. However, if grown indoors you have to think like an orchid. Just what does an orchid think

about? For instance, the indoor grown orchid thinks for success. It must duplicate its natural growing conditions as much as possible. Since being an epiphyte (growing media is soilless) it prefers to attach its roots to rough bark or even stone.

So let's explore what growing an indoor orchid thinks about. It desires strong light, but not direct light late in the afternoon sun. It wants high humidity. Its roots require good aeration. The potting media should have periods of drying out, with periodic watering and misting of the foliage. The orchid can thrive in a temperature environment some where between 50 and 85 degrees. This temperature range can be controlled for indoor growing conditions. The closer one can control the temperature more success and better blooms will result.

Many store-bought orchids come in plastic pots or packaged with moistened root balls. The orchid thinks that this violates the golden rule of root aeration. The roots are not given a chance to dry out. The plant cannot breathe and the roots are subjected to root rot. However, the orchid roots can soak up the moisture quickly and start breathing without requiring a potting nutrient media.

The obvious step once

times as a gift plant, is to

enjoy the beautiful blooms. However, do not repot a flowering orchid! The orchid is telling you that after I bloom cut off the dead stalk

and start the repotting process.

The orchid prefers a home in a special pot and media mixture. A shallow terra cotta pot specifically designed for orchid growing features is recommended that has wide drainage holes allowing

water to drain freely. The orchid likes to lie in a bed consisting of several chunks of bark, charcoal and Styrofoam.

Now, once the orchid is repotted it tells you I need long term insurance. Water me weekly and heavily. Allow the water to drench the roots. Feed me weekly with a balanced fertilizer at quarter strength. However, I like to dry out after a good watering. During colder months in South Florida keep me warm. Reduce the watering to once a month or so. Mist me so often

to keep me hydrated.





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Open House

Wednesday, October 7, 2015 1:30 PM

Meet instructors Preview the upcoming season Mingle with other ACE members



Guest Speaker Scott Greenberg

As radio host and author of *Oh My God I'm Getting* Older and So is My Mom, Scott presents a humorous look at aging coupled with practical advice. Enjoy, as Scott addresses topics as diverse as dealing with sibling rivalry (mom always loved you more), sex after sixty (yes, it still happens), funeral options (who knew there were so many), the value of volunteerism, along with other situations you never thought you would need to deal with.

> Free and open to the community Light refreshments will be served

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stressed out. Myleaves are yellow and wrin-

kled and I am not flowering. I need to be moved to a happy location. Once I bloom at the new location I will be happy again with new roots and leaves.

It is known that the delicate beauty of an orchid hides a strength that is perfect for those whose hearts are green, but thumbs are brown. If you receive an orchid as a gift, the secret to success is location, location, location, proper watering and a bit

of fertilizer. Remember that with proper care, the orchid is a thing of beauty, long lasting and "tough as

Stan Davidson is a Palm Beach County master gardener who lives in Boynton Beach.

Beach, offers a themed night out

for children, grades K-6 with dinner and snacks. 6-9 p.m. on Saturday, Sept. 26. \$30 members; \$35 guests; \$25 siblings; \$45 day of registration. 561-572-9774.

St. Mark Catholic **Church International Festival**

The festival takes place in the Parish Center on Sunday, Oct. 25 from 1-5 p.m. at St. Mark Catholic Church, 643 St. Mark Place, Boynton Beach. Ethic food, entertainment and much more. \$15/person. Call 561-752-2988**Sunset** Vegan Green Market A soft opening of the green market takes place from 4-8 p.m. on Thursday, Sept. 24. Vendors, entertainment, fun and more. Email chefbarrae@gmail.com for more information.

Deadline to receive calendar

announcements is 14 days prior to publication. Announcements may be sent via mail to Boynton Beach Forum/Calendar, Forum Publishing Group, 6501 Nob Hill Road, Tamarac, FL 33321, or via email to: calendar@tribpub .com. Please provide start and end dates to all submissions that are ongoing.



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all pets must be in a secure carrier or on a leash-.For more information. call 954-266-6848 or 954-731-8173. No need to

The Humane Society of Broward County is a private, non-profit organization supported by donations from people and companies who want to help us help the animals. The shelter receives no government funding and is not affiliated with any local or national organization with a similar name. To learn more, visit humanebroward.com.

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ELIZABETH KURTZ AISH, COM

Warm up the sukkah with soup

ukkot kicks off the parts, and coarsely chop soup season in our family. I love to start each evening Yom tov meal with a warm and soothing soup. For daytime meals when it's warm outside, I may make Chilled Mango Curry Soup or White Grape Gazpacho Soup.

Garnish creatively with fall ingredients: toasted pumpkin seeds, thick rustic croutons, or a lemon slice

Chag Sameach!

CREAM OF WILD MUSHROOM SOUP

Serves 6

This soup is smooth, creamy and really decadent. You can make it either pareve or even better as a dairy soup. This one is adapted from an Ina Garten recipe.

5 oz. fresh shiitake mushrooms

5 oz. fresh portobello mushrooms

5 oz. fresh cremini (or porcini) mushrooms

1 tbsp. olive oil

1 stick plus 1 tbsp. unsalted margarine or butter, divided

1 c. chopped yellow onion

1 carrot, chopped

1 sprig fresh thyme plus 1 tsp. minced thyme leaves, divided

Kosher salt

Freshly ground black

2 c. chopped leeks, white and light green parts (2 leeks)

1/4 c. all-purpose flour 1 c. dry white wine

1 c. vanilla soymilk or pareve milk or half-and-

1 c. pareve whipping cream or heavy cream

1/2 c. minced fresh flatleaf parsley

Separate the mushroom stems, trim off any bad the stems. Slice the mushroom caps 1/4-inch thick and, if there are big, cut them into bite-sized pieces. Set aside.

To make the stock, heat the olive oil and 1 tbsp. of the margarine/butter in a large pot. Add the chopped mushroom stems, the onion, carrot, the sprig of thyme, 1 tsp. salt, and 1/2 tsp. pepper and cook over medium-low heat for 10 to 15 minutes, until the vegetables are soft. Add 6 c. water, bring to a boil, reduce the heat, and simmer uncovered for 30 minutes. Strain, reserving the liquid. You should have about 4 1/ 2 c. of stock. If not, add some water.

Meanwhile, in another large pot, heat the remaining stick of margarine/butter and add the leeks. Cook over low heat for 15 to 20 minutes, until the leeks begin to brown. Add the sliced mushroom caps and cook for 10 minutes, or until they are browned and tender. Add the flour and cook for 1 minute. Add the white wine and stir for another minute, scraping the bottom of the pot. Add the mushroom stock, minced thyme leaves, 11/2 tsp. salt, and 1 tsp. pepper and bring to a boil. Reduce the heat and simmer for 15 minutes. Add the soymilk or halfand-half, pareve cream or cream, and parsley, season with salt and pepper, to taste, and heat through but do not boil. Serve hot.



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2015

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